



**Midlands Technical College  
Human Services Program**

**Confidentiality and Professional Relationships**

Confidentiality is the ethical responsibility of the professional to safeguard clients from the release of information disclosed in a therapeutic relationship. A professional relationship is established between a counselor and a client. There are certain ethical considerations that must be understood while maintaining this relationship.

Please read the principles below and sign in the place provided. No student will be permitted to participate in the field placement until this form is signed and turned in to the Human Services Program Director.

**Basic Principles of confidentiality and Professional Relationships**

- A. Any information disclosed during a counseling session is considered confidential.
- B. In some situations, confidential information may be shared. The situations are as follows:
  - 1. With the expressed consent of the client;
  - 2. With the consent of the client's legal representative;
  - 3. When there is a clear danger to the client or others;
  - 4. For the purpose of consultation with the client's case; and
  - 5. When the client's identity is adequately disguised.
- C. Any notes taken or tests given during a therapeutic session are considered confidential.
- D. The relationship between a client and counselor is considered professional.
- E. Any outside dating or personal interactions between students participating in a field placement and client is inappropriate.
- F. Any behavior by a student in a field placement that could be considered an invasion of an individual's privacy is inappropriate and could lead to dismissal from the Human Services Program.

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I have read the above information and understand its importance. I understand that I could be dismissed from the Human Services Program if I violate this agreement.

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Student \_\_\_\_\_ Date \_\_\_\_\_

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Human Services Program Director \_\_\_\_\_ Date \_\_\_\_\_

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